

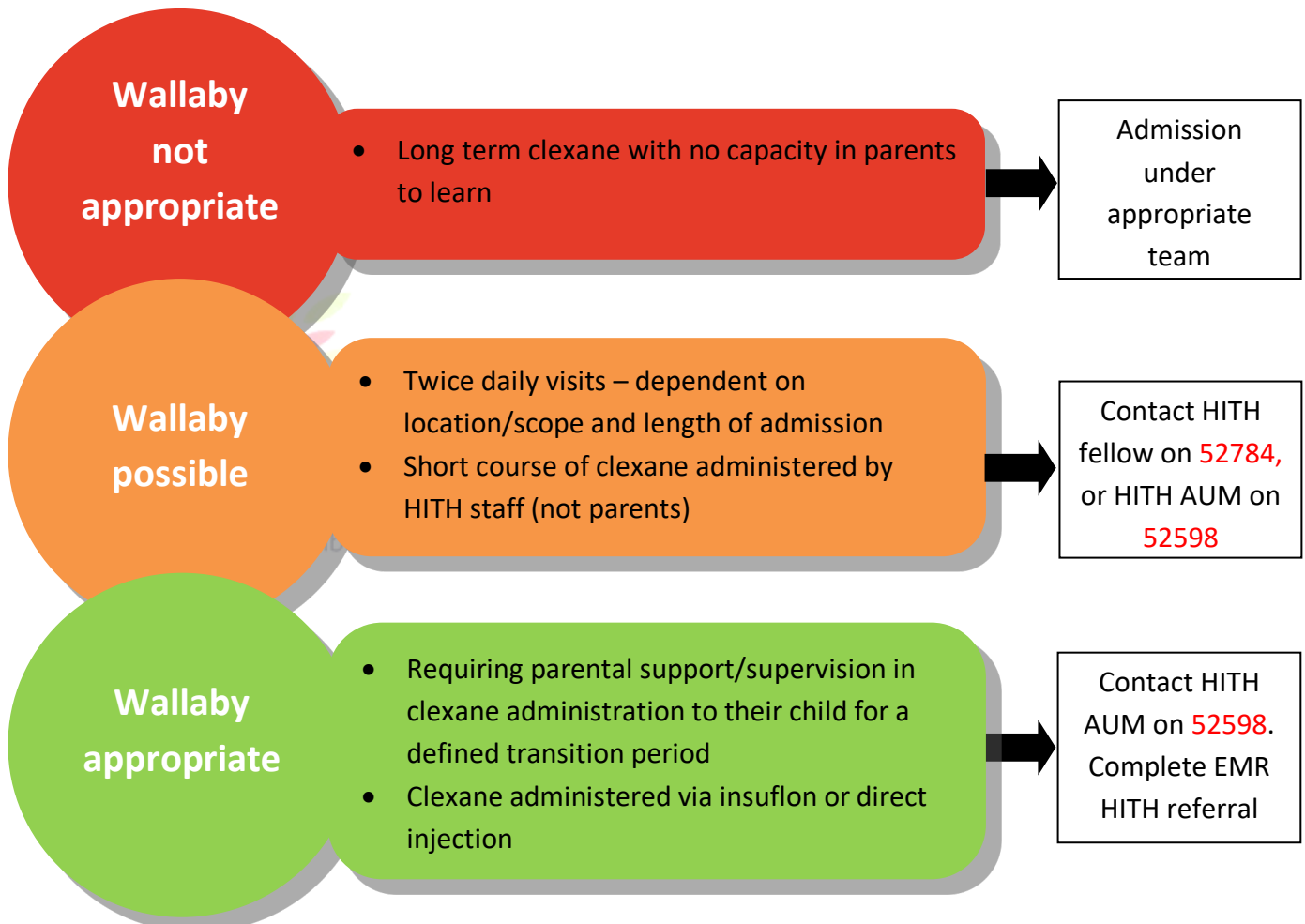


Clexane support



Hospital-in-the-Home (HITH) can provide education and support for families transitioning home with newly prescribed clexane (low molecular weight heparin) injections. As with all HITH admissions, this requires a safe home environment and consent from caregivers.

HITH (Wallaby) admission criteria and protocol



Prior to family leaving hospital:

- HITH CNC/AUM will review patient & family in hours
- Clexane education given to family by haematology team & documented in EMR
- Plan for AntiXa level monitoring made (HITH unable to take these); pathology slips provided to family if required
- Family have alcohol wipes, sharps container and script for Clexane
- HITH order set on EMR completed:
 - Preselected: Adrenaline 1:1000 (1mg/ml) 10mcg/kg IM PRN
 - EMR HITH referral & 'Transfer order reconciliation' completed
 - HITH bed request



HITH protocol – nursing and medical

Daily care requirements

Once or twice daily visits (may have support visits via telehealth)

Clexane administration – ideally supporting parents to perform independently

Insuflon changes every 7 days (consider if family need to apply local anaesthetic cream prior)

Home team medical responsibilities

Ongoing prescription for clexane

Clearly document, book and communicate plan & follow-up

Organise regular pathology (AntiXa) and review results as required. HITH staff usually unable to collect AntiXa due to venepuncture requirement and timing 4-6 hours post clexane – most commonly patients attend A6/local pathology with outpatient pathology request form

If using insuflons need to make plan for ongoing insuflon changes (eg Day Med, nurse-led clinic, local GP)

Potential issues

Not tolerating clexane/plan not sustainable – contact home team to discuss with Haematology

Anaphylaxis – administer IM adrenaline and call ambulance (will need allergy referral)

Readmission

If clexane unable to be administered at home and ongoing need determined by home team in discussion with Haematology

Discharge plan

Discharge once family competent or clexane ceased

